

2020年香港社會工作服務發展報告

2.6 FAMILY SERVICE

Objectives

The service objectives are to preserve and strengthen the family unit, by empowering individuals and their families as a whole, through different levels of professional intervention, and to improve the quality of family life.

Highlights of the Year / Achievement

Launch of Anti-epidemic Facebook / Instagram Page in Building up Family Bonding

The Facebook and Instagram pages have been launched since 18 March 2020. These platforms aimed at offering a series of online anti-epidemic family activities with interactive participation by service users. It was a milestone for cyber family social work services in building up family bonding in Hong Kong.



Anti-epidemic Facebook Page

Researches on Marriage Enhancement Service in Promoting Marital Satisfaction

A Quantitative Research on “Evaluation of the Effects of Marital Enhancement Services on Marital Satisfaction” and a Qualitative Research on “Exploring the Changes of Marital Relationship through Marital Counselling” were published. Based on the samplings of service users, the three intervention modalities of casework, group work and programme have similar effectiveness in resolving marital conflicts and enhancing marital satisfaction



Support Service Related to Community Crisis on the Social Movement

This is an ad hoc project which included a hotline, mindfulness based stress reduction workshops, parent-child communication workshop, time-out / residential programme and self-help kits. The project was subsidized by the SWD.



Self-help Kit

From Fathering to Fatherhood – A New Service Aspect for New Era Fathers

Caritas Jockey Club Project Cedar launched a fatherhood support service to address fathers' personal needs and to build up a positive fatherhood. It also includes a pioneer of support service for expectant fathers.



Close father-child relationship

Online Service of Project Cedar During COVID-19

During COVID-19, different mindfulness online groups and social skill training groups for men were developed. A brand new e-learning platform was also opened for men, with different learning materials including fatherhood, emotional training and social skill training.

New Projects

Caritas Mother Club

The Club was launched in September 2019 to provide support for novice mothers, to cultivate their beliefs in "life, love and hope" and to encourage quality time in parent-child relationship. It included a Facebook platform cum an online video channel. During the period of COVID-19, the "One-minute Family Game Challenge" was launched on Facebook. Different professionals, artists, celebrities and business companies provided support and sponsorship for the project.



One-minute Family Game Challenge

Caritas Couple Re-connection Camp

An overnight camp was held from 9 November 2019 to 10 November 2019 at Salesian Retreat House for couples to experience the "3R – Review, Reflect, Refresh" together. The camp facilitated the couples to obtain new strength, confidence and hope and to invigorate their marriage.



Cultivate strength and mutuality



Close encounter of the couples

Caritas Family Crisis Line and Education Centre: From HOTLINE to ONLINE Supportive Service

Li Ka Shing Foundation Ltd has been supporting the hotline service since 2008. They further supported the online service which was launched in February 2020.

“Brightening with Virtues” Activities Package

With the sponsorship from Mr. Eric Winkler and Ryder Industries, the Student Guidance Service (Primary School) developed the Package to promote Character Strengths education in primary schools. The Package included six picture books, family challenge activities poster, parents’ group manual and related materials. Teachers’ training workshops, parents’ groups and students’ programmes were held to share the experience in adopting the Package.



Brightening with Virtues activities package

Character Building Education Package for Preschoolers and Parents

After five years’ continuous trials with evident-based assessment, the “愛德喜” service package, including 24 animations on character strengths, puppets set, teacher handbook and parent self-help kit, was accomplished. The Package provided abundant resources to carry out parent-child group, student group / lesson and parents group on comprehensive character building education.



Resource package

Caritas Siesta Instagram

In response to the need of secondary school students during school suspension due to COVID-19, Caritas School Social Work Service launched the Instagram on 2 March 2020 to provide emotional support through online platform. Updated posts, stories, live programmes and IGTV were shared on regular basis for the students.



Caritas Siesta Instagram